HEALTHY AGING AND WHERE YOU LIVE

PROMOTING WELL BEING THROUGH COMMUNITY DESIGN

WHEN -- THURSDAY OCTOBER 9TH (7:00 - 9:00 P.M.)
WHERE -- CREEKSIDES COMMUNITY CENTRE - OLYMPIC VILLAGE

CONTEXT

Rising rates of chronic disease, sedentary lifestyles, and poor diets are related with the design of the built environment. Health care costs are the largest public expenditure and expected to increase further leaving little for education, transportation, social services, housing, and other needs. Government leaders and scholars will present the state of the practice in understanding and investing in a healthier built environment. The focus will be around healthy aging because of rising rates of older adults and their increased sensitivity to the physical environment.

SPEAKERS

Dr. SUSAN KIRKLAND, DALHOUSIE UNIVERSITY
(Professor and Associate Director of the Geriatric Medicine Research Unit)
-- Canadian Longitudinal Study on Aging

Dr. LARRY FRANK, UNIVERSITY OF BRITISH COLUMBIA
(Professor and Director of the Health and Community Design Lab)
-- Evidence linking community design with activity patterns and health in an aging population

Dr. PENNY BALLEM, CITY OF VANCOUVER
(City Manager)
-- The Healthy City Strategy

Dr. PATRICIA DALY, VANCOUVER COASTAL HEALTH AUTHORITY
(Chief Medical Health Officer and Vice President, Public Health)
-- Programs and actions for a healthy built environment

Mr. BOB PADDON, TRANSLINK
(Executive Vice President, Strategic Planning and Stakeholder Relations)
-- Investments and strategies to help an aging population maintain mobility

Dr. DIANE FINEGOOD, MICHAEL SMITH FOUNDATION
(President & CEO)
-- British Columbia’s research needs and investments going forward

PLEASE RSVP BY OCTOBER 1ST (LIMITED AVAILABILITY)

Click Here to Reserve a Seat

HOST & FACILITATOR

UBC
HEALTH & COMMUNITY DESIGN LAB
School of Population and Public Health
health-design.spph.ubc.ca

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